

HAIDER®
BIOSWING



Product overview

BIOSWING – improve your life





Smart solutions for healthy sitting



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OFFICE / HOMEOFFICE

Precise
back support
even when
sitting





Muscles come to life with movement: through tension and relaxation

The ‘construction’ and the interaction of our total of 639 muscles in the body are ingenious – especially if you adhere to the natural biological movement parameters. However, people who work at computer screens regularly experience multiple back, shoulder, and neck pains due to a chronic poor posture, which in the long term can lead to significant health problems, including herniated discs. **Targeted movement while sitting** as well as taking short **rest breaks** every now and then can help to remedy this.

The **BIOSWING-movement technology** ensures that you also receive continuous stabilising movement impulses for your muscles even when sitting.



Dr. Klaus Weiß

Centre of Competence for Occupational Health Management at the Institute for Sport and Sport Science at the University of Heidelberg



*‘The **health of employees** plays a crucial role from many perspectives. A lack of movement and poor posture are toxic for the body. The BIOSWING technology represents a scientifically sound solution for stimulating the human body even when it is sitting – for example, in the office – to trigger processes within the body that promote health.’*



Back training without leaving your seat – while you focus on something else.

The **swinging mechanism** integrated into the chair functions **automatically**, performing its work inconspicuously in the background. It reflects all your movement impulses to keep you in a state of permanent micromovement for as long as you remain seated.



Double swinging bearing

Static element

Steel core

Cushioning coat

Swinging stabiliser

Dynamic element

Double swinging bearing

OFFICE / HOMEOFFICE

Sitting and standing:
Switching makes all
the difference



There are many standing/sitting solutions.
But only one automatically converts each user
movement into back-strengthening training:
BIOSWING.

Height-adjustable desks
that can be extended to
standing height and a
movement-stimulating
BIOSWING chair are the
best way to ensure a
back-healthy working
day.



Even chairs with extra **high gas
springs and seats that tilt forward**
are suitable for improving posture in
high sitting positions. This is
because moving the desk higher up
means that the employees need to
bend forward less and **their posture
is more upright.**



OFFICE / HOMEOFFICE

Comfort combined with effectiveness

Sitting on a BIOSWING office chair contributes significantly to maintaining your health.

Your benefits at a glance:

- ✓ **Recommended by orthopaedists, sports physicians, and physiotherapists**
- ✓ **Provides anatomically correct, customised support**
- ✓ **Activates the nervous system and brain**
- ✓ **Automatically generates additional movement at the workplace**
- ✓ **Feels inimitably good**

Ergonomics is a matter of trust

Let one of our approximately **150 ergonomics experts** consult you and **experience the intelligent and adaptive BIOSWING system live!**

For further information, please visit **www.bioswing.de**



LOOP



2 Series



3 Series



4 Series



oneUP

5
Jahre
Garantie



BIOSWING

LOOP



Quality of life and health

- ✓ Intelligent, adaptive BIOSWING 3D seat mechanism
- ✓ Stylish design
- ✓ Orthopedically effective
- ✓ Ideal for home offices



BIOSWING

2 Series



Healthy sitting guaranteed

- ✓ Intelligent, adaptive BIOSWING 3D seat mechanism
- ✓ Synchronous mechanism
- ✓ Timeless design; if requested, also available without armrests
- ✓ Orthopedically effective



BIOSWING

3 Series



Health for body and soul

- ✓ Intelligent, adaptive BIOSWING 3D seat mechanism
- ✓ Synchronous mechanism
- ✓ A wide range of models and applications
- ✓ Elegant and linear design
- ✓ Available with or without neck support



- ✓ Also ideal for home offices.



BIOSWING

4 Series



Stimulating sitting comfort

- ✓ Intelligent, adaptive BIOSWING 3D seat mechanism
- ✓ TrainBackMatic (Synchronous mechanism)
- ✓ Highest ergonomic standards
- ✓ Organic design



- ✓ Also ideal for home offices.



BIO SWING

oneUP



Up and down - and turn around

- ✓ Intelligent, adaptive BIOSWING 3D seat mechanism
- ✓ Ergonomic support in a wide range of working postures
- ✓ Optional with TrainBackMatic (Synchronous mechanism)
- ✓ Optionally with neck support and armrests



MANAGEMENT

Take your
personal
performance
to the next
level



BIOSWING: improve your life

Where **foresight, responsibility, and success** play a central role, challenges are gladly perceived as opportunities. Where **visions** are alive and **innovations** are achieved more quickly, people are involved who can immediately identify potential. And wherever living environments are agile in design and motivated teams can develop their full potential, there are usually **smart solutions for healthy sitting.**

New Work: Brain networks for better performance

Proper **networking** is the key to success in the business world today.

To ensure that the **brain and nervous system** also provide sufficient power, **all synapses must work together perfectly** and connect the right impulses at the right time. No less than 5.8 million (!) kilometres of data highways with billions of nodes are waiting to be regularly fired.

MANAGEMENT



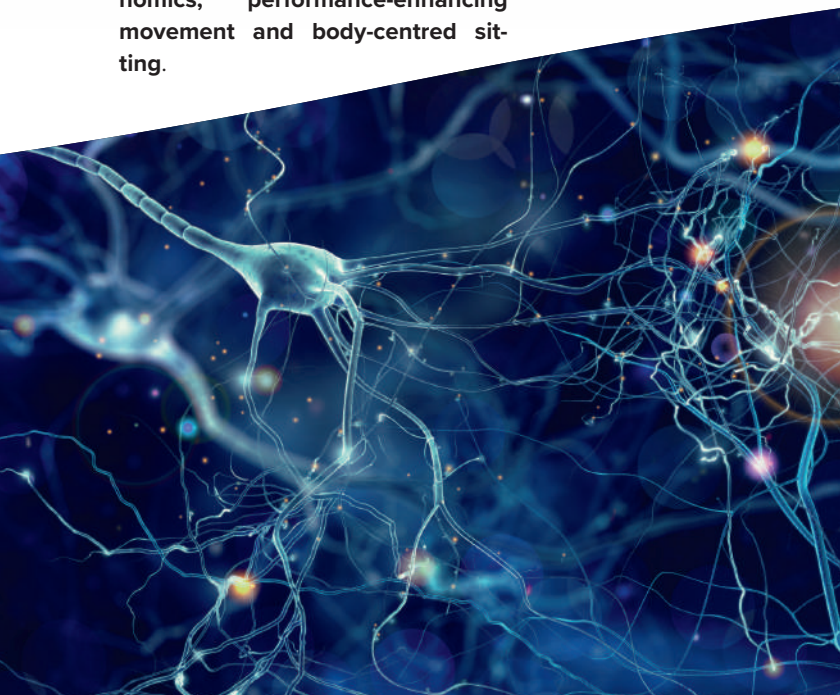
Exceptional: BIOSWING chair systems promote targeted networking even when you are just sitting.

The nerve networks are automatically activated by the BIOSWING technology when sitting and can therefore **further increase the performance of the person sitting**. The technology integrated into the chair reflects the small, very fine **movements of the user and immediately transmits them to the brain as continuous movement stimuli**. There, the increased input specifically connects the **network structure in the different movement areas in the brain**.



The intelligent and adaptive
3D seat mechanism makes
all the difference

This very effective system **precisely and sustainably decouples and reflects the movement impulses generated by a person when sitting.** It has been adapted to the body logic of humans and their range of movement when sitting, and thereby automatically and harmoniously adapts to the **natural frequencies of 0.8 to 2.7 hertz.** An ingenious method of **perfectly harmonising back-supporting ergonomics, performance-enhancing movement and body-centred sitting.**



MANAGEMENT

The performance booster of BIOSWING

Anyone who must deliver maximum performance every day needs a smart solution for professionals.

Your benefits at a glance:

- ✓ **Activates the nervous system and brain**
- ✓ **Boosts your creativity**
- ✓ **Improves your performance**
- ✓ **Automatically allows for additional movement, even in a meeting area**
- ✓ **Coordinates and stabilises your back muscles**
- ✓ **Feels inimitably good**





4 Series



5 Series



6 Series



7 Series

Executive chairs for the boss

Let one of our approximately **150 ergonomics experts** consult you and **test the intelligent and adaptive BIOSWING system yourself!**

For further information, please visit www.bioswing.de

BIOSWING

4 Series



Stimulating sitting comfort

- ✓ Intelligent, adaptive BIOSWING 3D seat mechanism
- ✓ TrainBackMatic (Synchronous mechanism)
- ✓ Highest ergonomic standards
- ✓ Organic design



- ✓ Exclusive model with high-quality olive leather upholstery



BIOSWING

5 Series



A superior seating experience

- ✓ Intelligent, adaptive BIOSWING 3D seat mechanism
- ✓ TrainBackMatic (Synchronous mechanism)
- ✓ Highest ergonomic standards
- ✓ Classic and elegant design



- ✓ Also available as a Detensor model with lamellae in the seat and backrest – for additional relief of the spine and an optimal seating experience



BIOSWING

6 Series



Where performance meets design and perfection

- ✓ Intelligent, adaptive BIOSWING 3D seat mechanism
- ✓ TrainBackMatic (Synchronous mechanism)
- ✓ Highest ergonomic standards
- ✓ High-quality design in a special material mix



- ✓ Model with mesh backing



BIOSWING

7 Series

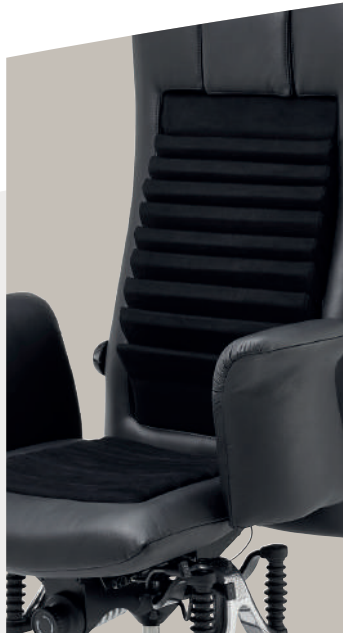


A passion for maximum performance

- ✓ Intelligent, adaptive BIOSWING 3D seat mechanism
- ✓ TrainBackMatic (Synchronous mechanism)
- ✓ Highest ergonomic standards
- ✓ Upholstery design that makes a statement in high-quality cowhide leather; if requested, also available in 100% organic and particularly supple olive leather



- ✓ Also available as a Detensor model with lamellae in the seat and backrest – for additional relief of the spine and an optimal seating experience





MEETING

When inspiration
and concentration
are called for

With BIOSWING you are always in the best starting position for innovations and creative ideas

The fine, harmonious **oscillations** that are reflected by the BIOSWING chair, which we experience as lightness, function as a constant supply of movement information, despite only working in the background.



LOOP



Foxtor

5
Jahre
Garantie



BIOSWING

LOOP



Inspiring dynamics

- ✓ Intelligent, adaptive BIOSWING 3D seat mechanism
- ✓ High-quality design for prestigious meeting rooms
- ✓ Optionally with rollers or gliders



BIOSWING

Foxter





The all-rounder

- ✓ Intelligent, adaptive BIOSWING 3D seat mechanism
- ✓ Light and agile
- ✓ Can be used in many areas

HEALTHCARE FACILITY / PRACTICE

Health and ergonomics hand in hand

People who work to keep others healthy must, above all, take care of their own health.

Your benefits at a glance:

- ✓ Offers you a highly flexible seating solution
- ✓ Available in many colours and with a seat cover that can be disinfected
- ✓ Automatically provides additional movement
- ✓ Activates the nervous system and brain
- ✓ Coordinates and stabilises your back muscles
- ✓ Feels inimitably good





oneUP



oneUP Easy



Foxter



Boogie

Ergonomics and health

Let one of our approximately **150 ergonomics experts** consult you and **test the intelligent and adaptive BIOSWING system yourself!**

For further information, please visit www.bioswing.de

BIOSWING

oneUP



Up and Down - and turn around

- ✓ Intelligent, adaptive BIOSWING 3D seat mechanism
- ✓ Synchronous mechanism
- ✓ Pelvic floor balance (upon request)
- ✓ Optionally with neck support and armrests



- ✓ Availability of a particularly affordable ECO model



BIOSWING

oneUP Easy



The handy all-rounder

- ✓ Intelligent, adaptive BIOSWING 3D seat mechanism
- ✓ Available with pelvic floor balance if requested
- ✓ Available in many colours



- ✓ Available with high-quality medical synthetic leather (can be disinfected)



BIOSWING

Foxter



The handy all-rounder

- ✓ Intelligent, adaptive BIOSWING 3D seat mechanism
- ✓ Available in many colours



- ✓ Available with high-quality medical synthetic leather (can be disinfected)



BIOSWING

Boogie



Keep swinging

- ✓ Intelligent, adaptive BIOSWING 3D seat mechanism
- ✓ Pelvic floor balance
- ✓ Various seat designs
- ✓ Back or pelvic support



- ✓ If requested, also available with an adjustable foot ring



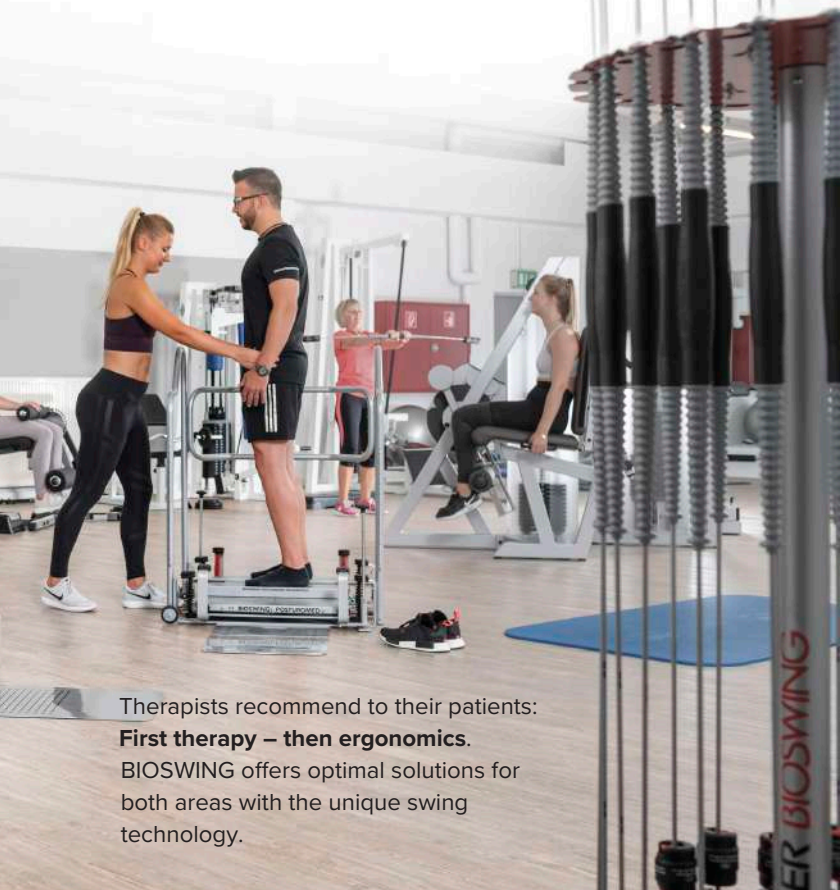
**SENSORIMOTOR
THERAPY SYSTEMS**

The BIOSWING
technology for
therapeutic application



The **BIOSWING Posturomed** – also based on the pendulum principle – has had a lasting influence on the **basic equipment of healthcare practices** as a sensorimotor therapy, prevention, and diagnostic device and has even given rise to an independent therapy method: ‘postural pain therapy’.

More than **50,000 therapists in rehabilitation centres, clinics, and physiotherapy practices use these therapy options every day.** The high level of popularity in Germany, Austria, and Switzerland has sustainably expanded therapy processes in the areas of neuro-orthopaedic **rehabilitation** and sensorimotor **pain therapy.**



Therapists recommend to their patients: **First therapy – then ergonomics.** BIOSWING offers optimal solutions for both areas with the unique swing technology.

TRAINING WITH BIOSWING

For a life full
of momentum

Whether as part of fitness or athletic training, in between, or in the office: the BIOSWING Improve is the ideal all-round device for all target groups.





With this high-tech vibration rod, you can not only **stimulate the deep-lying muscles** that play a crucial role in stabilising the spine, but also **specifically train your abdominal, chest, back, arm, and shoulder muscles**. The special damping technology effectively filters out stress on the wrist and thumb joint. In addition, the rod responds extremely softly to fine vibration patterns.

Unique to these vibration rods are the two **frequency controllers** that can be used to set **individual vibration frequencies**: fast and very effective – or a little less sweat-inducing, if you prefer.

BIOSWING Improve: Your ideal training partner

Would you like more information
about BIOSWING seating systems?

We will be happy to advise you and find the
optimal solution for your individual needs.

Your BIOSWING dealer:

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